

<b>Name</b>	Styliani (Stella) Kourkouta
<b>GDC no</b>	69255

## EDUCATION/ QUALIFICATIONS

2006	<b>Specialist in Restorative Dentistry &amp; Endodontics</b>
2005	Fellowship in Restorative Dentistry, <b>FDS (Rest Dent) RCS Eng</b>
2005	Diplomate of the Faculty of Homoeopathy, <i>DFHom (Dent)</i>
2000	<b>Specialist in Periodontics &amp; Prosthodontics</b>
2000	Membership in Restorative Dentistry, <b>MRD RCS Eng</b>
1999	Fellowship in Dental Surgery, <b>FDS RCS Eng</b>
1992-93	Master of Medical Science in Restorative Dentistry, <b>MMedSci</b> (Sheff, UK)
<b>1985-91</b>	<b>DipDS</b> , Dental School, Aristotle University of Thessaloniki, Greece

## AWARDS & DISTINCTIONS

2006	<b>George Cross Fellowship Award</b> , through the British Society of Periodontology, to help support my USA elective study on <i>Implant Therapy in Compromised Sites</i> (USC/ UCLA, Mar - May 2006)
1991	Graduation from University: 3rd highest result in my year
1985	Admission to University: 1st in the success scale in Greece

<b>HONORARY APPOINTMENT</b>	
Oct 2006 - Sep 2008	<b>Honorary Consultant</b> Eastman Dental Hospital & Institute, London, UK
<b>IMPLANT FELLOWSHIP</b>	
Oct 2006 - Oct 2007	Department of Prosthodontics, School of Dentistry University of North Carolina at Chapel Hill, USA <i>One-year implant research scholarship granted through the International Team for Implantology (ITI, Basel, Switzerland)</i>

<b>CURRENT POSITION</b>	
Mar 2009 - present	<b>Consultant</b> - Swiss Smile Dental Clinic, London, UK <b>Specialist in Restorative Dentistry, Periodontics, Prosthodontics and Endodontics</b>
Apr 2008 - present	<b>Specialist Periodontist</b> Crescent Lodge Dental Practice, London, UK
<b>PAST EMPLOYMENT</b>	
Oct 2000 - Sep 2006	<b>Specialist Registrar/ Honorary Lecturer in Restorative Dentistry</b> Eastman Dental Hospital & Institute, London, UK
Mar - Sep 2000	<b>Specialist Registrar in Restorative Dentistry (LAT)</b> University Dental Hospital, Newcastle upon Tyne, UK
Jan 2000	<b>Senior House Officer in Paediatric Dentistry/ Oral &amp; Maxillofacial Surgery</b> (locum) Regional Cleft Lip & Palate Unit, Liverpool, UK
Sep 1997 - Sep 1999	<b>Senior House Officer in Restorative Dentistry</b> Liverpool University Dental Hospital, UK
Sep 1996 - Sep 1997	<b>Senior House Officer in Oral &amp; Maxillofacial Surgery</b> Countess of Chester Hospital, Chester, UK
Sep 1995 - Sep 1996	<b>Senior House Officer in Oral &amp; Maxillofacial Surgery</b> Withington Hospital, Manchester, UK
Feb - Aug 1995	<b>House Officer in Oral &amp; Maxillofacial Surgery</b> University Hospital of Wales & Cardiff Royal Infirmary, UK
Aug 1994 - Jan 1995	<b>House Officer in Restorative Dentistry</b> Bristol University Dental Hospital, UK
Oct - Dec 1993	<b>Tutor in the Diploma course in Periodontology</b> Dental School, University of Wales College of Medicine, Cardiff, UK
Nov 1991 - May 1992	<b>Dental Surgeon</b> Private practice, Thessaloniki, Greece

## RESEARCH ACTIVITIES

**Interproximal tissue dimensions in relation to adjacent implants in the aesthetic zone. Clinical observations and patient aesthetic evaluation.**

Prospective clinical study on the **restoration of periodontally compromised dentitions using cross-arch bridges made of porcelain fused to a cobalt-chromium alloy.**

In vitro study on **dentine sensitivity.**

Clinical research project to evaluate the **periodontal response to placement of porcelain laminate veneers on anterior teeth.**

## PUBLICATIONS

*In preparation:*

Kourkouta S, Bailey G. Regenerative periradicular surgery on a maxillary central incisor: Six-year results.

Kourkouta S. Implant therapy in the esthetic zone: Smile line assessment. *International Journal of Periodontics & Restorative Dentistry* 2011; 31: 195-201.

Kourkouta S, Dedi KD, Paquette DW, Mol A. Interproximal tissue dimensions in relation to adjacent implants in the anterior maxilla: clinical observations and patient aesthetic evaluation. *Clinical Oral Implants Research* 2009;20:1375-1385.

Kourkouta S, Dedi K, Reside G, Kontogeorgakos V. Heterotopic ossification as a complication of iliac crest bone harvesting in a case of implant therapy. *International Journal of Oral & Maxillofacial Implants* 2009;353-358.

Kourkouta S, Hemmings KW, Laurell L. Restoration of periodontally compromised dentitions using cross-arch bridges. Principles of perio-prosthetic patient management. *British Dental Journal* 2007;203:189-195.

Kourkouta S, Darbar UR. An audit of the quality and content of periodontal referrals and the effect of implementing referral criteria. *Primary Dental Care* 2006;13(3):99-106.

McAndrew R, Kourkouta S. Effects of toothbrushing prior and/or subsequent to dietary acid application on smear layer formation and the patency of dentinal tubules. An SEM study. *Journal of Periodontology* 1995;66:443-448.

Kourkouta S, Walsh TF, Davis LG. The effect of porcelain laminate veneers on gingival health and bacterial plaque characteristics. *Journal of Clinical Periodontology* 1994;21:638-640.

Kourkouta S, Walsh TF. From Hippocrates to hygienists: Changing views on periodontal diseases. *Dental Health* 1993;32:4-7.

## **ABSTRACTS**

Kourkouta S, Dedi K, Reside G. Myositis ossificans as a complication of iliac crest bone harvesting. *Clinical Oral Implants Research* 2007;18(5): Abstr #186.

Kourkouta S, Hemmings K, Petrie A, Laurell L. Cross-arch bridges made of porcelain-fused-to-Wirobond C. Two-year clinical results. *Journal of Dental Research* 2006;85, Special Issue B: Abstr #601.

Kourkouta S, McAndrew R. Dentine sensitivity - Effects of toothbrushing before and/or after dietary acid application. *Journal of Dental Research* 1994;73:826 (Abstr #321).

Walsh TF, Kourkouta S, Winstanley RB. The effect of porcelain laminate veneers on bacterial plaque growth. *Journal of Dental Research* 1994;73:825 (Abstr #313).

## **TEACHING EXPERIENCE:** Lectures/ Hands-on courses/ Seminars:

Implants: Basic science

Maintenance care and follow-up in implant therapy

Aesthetic Dentistry:

Tooth whitening and porcelain laminate veneers / Periodontal plastic surgery

Fixed Prosthodontics in periodontally compromised patients

Provision of cross-arch bridges in the maxilla

Inferior alveolar nerve blocks / Alginate impressions

Occlusion

An introduction to the Conservation Clinic

Introduction to Periodontology

Homoeopathy and Dentistry

Homoeopathy: history, basic principles and applications to dentistry

Tooth whitening

Peri-implantitis

Aetiology of inflammatory periodontal diseases

Restorations and the periodontium

## PRESENTATIONS

Kourkouta, S. *Regenerative periradicular surgery on a maxillary central incisor: Five-year results.*

IFEA – 8<sup>th</sup> World Endodontic Congress, Athens, Greece, 6-9 Oct 10

Kourkouta, S. *Implant therapy in periodontally compromised patients.*

ITI Study Club, London, UK, 7 Sep 10

Kourkouta, S. *Inter-implant papilla dimensions in the aesthetic zone.*

114<sup>th</sup> Meeting of the American Dental Society of Europe, Lisbon, Portugal, 19-21 June 08

Kourkouta S, Dedi K, Paquette DW, Mol A. *Clinical observations related to the dimensions of inter-implant papillae in the esthetic zone.*

23<sup>rd</sup> Annual Meeting of the Academy of Osseointegration, Boston, USA, 28 Feb-1 Mar 08

Kourkouta S, Dedi K, Reside G. *Myositis ossificans as a complication of iliac crest bone harvesting.*

European Association of Osseointegration, Barcelona, Spain, 25-27 Oct 07

Kourkouta S, Hemmings K, Petrie A, Laurell L. *Cross-arch bridges made of porcelain-fused-to-Wirobond C. Two-year clinical results.*

IADR, Brisbane, Australia, 28 June-1 July 06

Kourkouta S. *A prospective clinical study on the restoration of the periodontally compromised dentition using cross-arch bridges made of porcelain fused to a non-precious alloy. One year results.*

British Society of Periodontology, The Royal Society, London, UK, 22 Sep 05

Kourkouta S. *Implications of menopause on periodontal/ oral health and aesthetics.*

3<sup>rd</sup> Panhellenic Congress on the Climacteric & the Menopause, Athens, Greece, 4-6 Mar 05

Kourkouta S, Hemmings K, Laurell L. *Cross-arch bridges in periodontally compromised dentitions using Wirobond C metal frameworks.*

Periodontology Department Research Forum, Eastman Dental Institute, London, 30 Apr 04

Kourkouta S, Walsh TF. *The quality of porcelain veneer margins and their influence on periodontal health: a scanning electron microscopic evaluation.*

7<sup>th</sup> International Symposium on Periodontics & Restorative Dentistry, Boston, USA, 1-4 June 00

Kourkouta S, McAndrew R. *Dentine sensitivity - Effects of toothbrushing before and/ or after dietary acid application.*

Walsh TF, Kourkouta S, Winstanley RB. *The effect of porcelain laminate veneers on bacterial plaque growth.*

British Society of Dental Research, Sheffield, UK, Apr 94

## **ELECTIVE STUDY** (Mar - May 06)

*Centres:* University of Southern California School of Dentistry (**USC**), and  
University of California in Los Angeles (**UCLA**), Los Angeles, USA

*Purpose of visit:* Main area of interest: *Implant placement and restoration in compromised sites*

## **COURSES/ MEETINGS**

*IFEA – 8<sup>th</sup> World Endodontic Congress*  
Athens, Greece, 6-9 Oct 10

*Contemporary treatment of the atrophic posterior maxilla (Sinus lift course)*  
New York University, New York, USA, 30 Apr-1 May 10

*114<sup>th</sup> Meeting of the American Dental Society of Europe*  
Lisbon, Portugal, 19-21 June 08

*23<sup>rd</sup> Annual Meeting of the Academy of Osseointegration*  
Boston, USA, 28 Feb-1 Mar 08

*16<sup>th</sup> Annual Meeting of the European Association of Osseointegration*  
Barcelona, Spain, 25-27 Oct 07

*6<sup>th</sup> Dental Implant Therapy Symposium*  
University of North Carolina at Chapel Hill, North Carolina, USA, 5 Oct 07

*ITI World Symposium*  
New York, USA, 26-28 Apr 2007

*The L D Pankey Lecture: The esthetic makeover – more than pretty porcelain*  
University of North Carolina at Chapel Hill, North Carolina, USA, 2 Mar 07

*Hot topics in Dentistry*  
University of North Carolina at Chapel Hill, North Carolina, USA, 26 Jan 07

*Accelerated Implant Dentistry: the team approach to dental implant therapy ensures long-term success*  
University of North Carolina at Chapel Hill, North Carolina, USA, 15 Dec 06

*5<sup>th</sup> Esthetic and Dental Implant Therapy Symposium*  
University of North Carolina at Chapel Hill, North Carolina, USA, 9-11 Nov 06

*84<sup>th</sup> General Session & Exhibition of the IADR*  
Brisbane, Australia, 28 June-1 July 06

*Comprehensive surgical and restorative implant training programme: Implant therapy in the aesthetic zone*  
University of Southern California School of Dentistry, USA, 21-23 Apr 06

*Advanced Implant Therapy: from immediate tooth replacement to controlled tissue reconstruction, Dr Sascha Jovanovic*  
University of California in Los Angeles, USA, 10-14 Apr 06

*Intra- and extra-oral events post-extraction, Dr Jan Lindhe*  
University of Southern California, USA, 1 Apr 06

*Update on Aesthetic Restorative Dentistry, Dr Terry Donovan*

University of Southern California School of Dentistry, 31 Mar 06

*Role of the dentist in providing non-surgical soft tissue facial aesthetics*

Royal College of Surgeons of England, London, UK, 25 Nov 05

*Direct anterior aesthetic composite restorations*, Dr L Vanini

San Fedele Intelvi, Italy, 22-23 July 05

*The 8<sup>th</sup> International Symposium on Periodontics & Restorative Dentistry*

*New concepts and optimal dental practice*

Boston, USA, 10-13 June 04

*An approach to Restorative Dentistry*, M Wise

Eastman Dental Hospital, London, UK, 28 Nov 03

*11<sup>th</sup> biennial Congress of the European Society of Endodontology*

Athens, Greece, 2-4 Oct 03

*Guided bone regeneration, sinus grafting and implant placement*, D Buser

London, UK, 13 Sep 03

*EUROPERIO 4 – European Federation of Periodontology*

Berlin, Germany, 19-21 June 03

*10<sup>th</sup> Annual Scientific Congress of the European Association of Osseointegration*

Milan, Italy, 13-17 Sep 01

*Management of failed endodontic treatment*

Royal College of Surgeons, London, UK, 9 Mar 01

*EUROPERIO 3 – European Federation of Periodontology*

Geneva, Switzerland, 8-11 June 00

*7<sup>th</sup> International Symposium on Periodontics & Restorative Dentistry*

*Advanced Implant Reconstruction (Branemark implants)*

Boston, USA, 31 May-4 June 00

*International Symposium on Osteology*

Giorgio Cini Foundation, Venice, Italy, 14-16 May 98

*Basic Combined Surgical & Prosthetic Clinical Course (Branemark Implants)*

Branemark Clinic, Gothenburg, Sweden, 30 Mar-3 Apr 98

*Surgical/ Prosthetic course on Implantology (Straumann Co.)*

London, UK, 25-26 Nov 94

*Annual Conferences/ Scientific Meetings of the British Society of Periodontology,*

*British Prosthodontic Conference, British Society for the Study of Prosthetic Dentistry, British Society of Restorative Dentistry, British Society of Dental Research*

## **MEMBERSHIP OF SOCIETIES**

American Academy of Osseointegration (AO)

British Society of Periodontology (BSP)

British Dental Association (BDA)

## **PERSONAL INTERESTS**

Alternative medicine: Homoeopathy. Dancing, Swimming, Travelling, Cooking, Cake Decorating.