

CURRICULUM VITAE

STELLA KOURKOUTA

PERSONAL DETAILS

Name Stella (Styliani) Kourkouta
Nationality British/ Greek
GDC no 69255
GDC specialist lists Periodontics, Prosthodontics, Restorative Dentistry, Endodontics

EDUCATION/ QUALIFICATIONS

2006 **Specialist in Restorative Dentistry & Endodontics**
2005 Fellowship in Restorative Dentistry, **FDS (Rest Dent) RCS Eng**
2005 Diplomate of the Faculty of Homoeopathy, *DFHom (Dent)*
2000 **Specialist in Periodontics & Prosthodontics**
2000 Membership in Restorative Dentistry, **MRD RCS Eng**
1999 Fellowship in Dental Surgery, **FDS RCS Eng**
1992-93 Master of Medical Science in Restorative Dentistry, **MMedSci** (Sheff, UK)
1985-91 **DipDS**, Dental School, Aristotle University of Thessaloniki, Greece

AWARDS & DISTINCTIONS

2012 Private Dentistry Awards: Highly commended in the category Best Periodontic Practice
2006 **George Cross Fellowship Award**, through the British Society of Periodontology, to help support my USA elective study on *Implant Therapy in Compromised Sites* (USC/ UCLA, Mar - May 2006)
1991 Graduation from University: 3rd highest result in my year
1985 Admission to University: 1st in the success scale in Greece

HONORARY APPOINTMENT

Oct 2006 - **Honorary Consultant**
Sep 2008 Eastman Dental Hospital & Institute, London, UK

IMPLANT FELLOWSHIP

Oct 2006 - Department of Prosthodontics, School of Dentistry
Oct 2007 University of North Carolina at Chapel Hill, USA
One-year implant research scholarship granted through the International Team for Implantology (ITI, Basel, Switzerland)

CURRENT POSITION

June 2015 - present	Specialist in Restorative Dentistry, Periodontics, Prosthodontics and Endodontics Curaden Dental Clinic, London, UK
Apr 2008 - present	Specialist Periodontist Crescent Lodge Dental Practice, London, UK
Mar 2009 - June 2014	Consultant - Swiss Smile Dental Clinic, London, UK Specialist in Restorative Dentistry, Periodontics, Prosthodontics and Endodontics

PAST EMPLOYMENT

Oct 2000 - Sep 2006	Specialist Registrar/ Honorary Lecturer in Restorative Dentistry Eastman Dental Hospital & Institute, London, UK
Mar - Sep 2000	Specialist Registrar in Restorative Dentistry (LAT) University Dental Hospital, Newcastle upon Tyne, UK
Jan 2000	Senior House Officer in Paediatric Dentistry/ Oral & Maxillofacial Surgery (locum) Regional Cleft Lip & Palate Unit, Liverpool, UK
Sep 1997 - Sep 1999	Senior House Officer in Restorative Dentistry Liverpool University Dental Hospital, UK
Sep 1996 - Sep 1997	Senior House Officer in Oral & Maxillofacial Surgery Countess of Chester Hospital, Chester, UK
Sep 1995 - Sep 1996	Senior House Officer in Oral & Maxillofacial Surgery Withington Hospital, Manchester, UK
Feb - Aug 1995	House Officer in Oral & Maxillofacial Surgery University Hospital of Wales & Cardiff Royal Infirmary, UK
Aug 1994 - Jan 1995	House Officer in Restorative Dentistry Bristol University Dental Hospital, UK
Oct - Dec 1993	Tutor in the Diploma course in Periodontology Dental School, University of Wales College of Medicine, Cardiff, UK
Nov 1991 - May 1992	Dental Surgeon Private practice, Thessaloniki, Greece

RESEARCH ACTIVITIES

- **Outcomes of periodontal therapy in specialist private practice.**
- **Interproximal tissue dimensions in relation to adjacent implants in the aesthetic zone.**
Clinical observations and patient aesthetic evaluation.
- **Prospective clinical study on the restoration of periodontally compromised dentitions using cross-arch bridges made of porcelain fused to a cobalt-chromium alloy.**
- **In vitro study on dentine sensitivity.**
- **Clinical research project to evaluate the periodontal response to placement of porcelain laminate veneers on anterior teeth.**

PUBLICATIONS

In print: Kourkouta S. Peri-implantitis management in the esthetic zone in a periodontally compromised patient: Five-year results, including cone-beam computed tomography. *International Journal of Periodontics & Restorative Dentistry*

Kourkouta S, Bailey G. Periradicular regenerative surgery in a maxillary central incisor: 7-year results including cone-beam computed tomography. *Journal of Endodontics* 2014;40(7):1013-9.

Kourkouta S. Implant therapy in the esthetic zone: Smile line assessment. *International Journal of Periodontics & Restorative Dentistry* 2011; 31:195-201.

Kourkouta S, Dedi KD, Paquette DW, Mol A. Interproximal tissue dimensions in relation to adjacent implants in the anterior maxilla: clinical observations and patient aesthetic evaluation. *Clinical Oral Implants Research* 2009;20:1375-1385.

Kourkouta S, Dedi K, Reside G, Kontogeorgakos V. Heterotopic ossification as a complication of iliac crest bone harvesting in a case of implant therapy. *International Journal of Oral & Maxillofacial Implants* 2009;353-358.

Kourkouta S, Hemmings KW, Laurell L. Restoration of periodontally compromised dentitions using cross-arch bridges. Principles of perio-prosthetic patient management. *British Dental Journal* 2007;203:189-195.

Kourkouta S, Darbar UR. An audit of the quality and content of periodontal referrals and the effect of implementing referral criteria. *Primary Dental Care* 2006;13(3):99-106.

McAndrew R, Kourkouta S. Effects of toothbrushing prior and/or subsequent to dietary acid application on smear layer formation and the patency of dentinal tubules. An SEM study. *Journal of Periodontology* 1995;66:443-448.

Kourkouta S, Walsh TF, Davis LG. The effect of porcelain laminate veneers on gingival health and bacterial plaque characteristics. *Journal of Clinical Periodontology* 1994;21:638-640.

Kourkouta S, Walsh TF. From Hippocrates to hygienists: Changing views on periodontal diseases. *Dental Health* 1993;32:4-7.

ABSTRACTS

Kourkouta S, Dedi K, Reside G. Myositis ossificans as a complication of iliac crest bone harvesting. *Clinical Oral Implants Research* 2007;18(5): Abstr #186.

Kourkouta S, Hemmings K, Petrie A, Laurell L. Cross-arch bridges made of porcelain-fused-to-Wirobond® C. Two-year clinical results. *Journal of Dental Research* 2006;85, Special Issue B: Abstr #601.

Kourkouta S, McAndrew R. Dentine sensitivity - Effects of toothbrushing before and/or after dietary acid application. *Journal of Dental Research* 1994;73:826 (Abstr #321).

Walsh TF, Kourkouta S, Winstanley RB. The effect of porcelain laminate veneers on bacterial plaque growth. *Journal of Dental Research* 1994;73:825 (Abstr #313).

TEACHING EXPERIENCE: Lectures/ Hands-on courses/ Seminars:

Implants: Basic science

Maintenance care and follow-up in implant therapy

Aesthetic Dentistry:

Tooth whitening and porcelain laminate veneers / Periodontal plastic surgery

Fixed Prosthodontics in periodontally compromised patients

Provision of cross-arch bridges in the maxilla

Inferior alveolar nerve blocks / Alginate impressions

Occlusion

An introduction to the Conservation Clinic

Introduction to Periodontology

Homoeopathy and Dentistry

Homoeopathy: history, basic principles and applications to dentistry

Tooth whitening

Peri-implantitis

Aetiology of inflammatory periodontal diseases

Restorations and the periodontium

PRESENTATIONS

Kourkouta, S. *Regenerative periradicular surgery on a maxillary central incisor: Five-year results.*

IFEA – 8th World Endodontic Congress, Athens, Greece, 6-9 Oct 10

Kourkouta, S. *Implant therapy in periodontally compromised patients.*

ITI Study Club, London, UK, 7 Sep 10

Kourkouta, S. *Inter-implant papilla dimensions in the aesthetic zone.*

114th Meeting of the American Dental Society of Europe, Lisbon, Portugal, 19-21 June 08

Kourkouta S, Dedi K, Paquette DW, Mol A. *Clinical observations related to the dimensions of inter-implant papillae in the esthetic zone.*

23rd Annual Meeting of the Academy of Osseointegration, Boston, USA, 28 Feb-1 Mar 08

Kourkouta S, Dedi K, Reside G. *Myositis ossificans as a complication of iliac crest bone harvesting.*

European Association of Osseointegration, Barcelona, Spain, 25-27 Oct 07

Kourkouta S, Hemmings K, Petrie A, Laurell L. *Cross-arch bridges made of porcelain-fused-to-Wirobond® C. Two-year clinical results.*

IADR, Brisbane, Australia, 28 June-1 July 06

Kourkouta S. *A prospective clinical study on the restoration of the periodontally compromised dentition using cross-arch bridges made of porcelain fused to a non-precious alloy. One year results.*

British Society of Periodontology, The Royal Society, London, UK, 22 Sep 05

Kourkouta S. *Implications of menopause on periodontal/ oral health and aesthetics.*

3rd Panhellenic Congress on the Climacteric & the Menopause, Athens, Greece, 4-6 Mar 05

Kourkouta S, Hemmings K, Laurell L. *Cross-arch bridges in periodontally compromised dentitions using Wirobond® C metal frameworks.*

Periodontology Department Research Forum, Eastman Dental Institute, London, 30 Apr 04

Kourkouta S, Walsh TF. *The quality of porcelain veneer margins and their influence on periodontal health: a scanning electron microscopic evaluation.*

7th International Symposium on Periodontics & Restorative Dentistry, Boston, USA, 1-4 June 00

Kourkouta S, McAndrew R. *Dentine sensitivity - Effects of toothbrushing before and/or after dietary acid application.*

Walsh TF, Kourkouta S, Winstanley RB. *The effect of porcelain laminate veneers on bacterial plaque growth.*

British Society of Dental Research, Sheffield, UK, Apr 94

ELECTIVE STUDY (Mar - May 06)

Centres: University of Southern California School of Dentistry (**USC**), and
University of California in Los Angeles (**UCLA**), Los Angeles, USA

Purpose of visit: Main area of interest: *Implant placement and restoration in compromised sites*

COURSES/ MEETINGS

- *30th / 29th Annual Meetings of the Academy of Osseointegration*
San Francisco, USA, 12-14 Mar 2015 / Seattle, USA, 6-8 Mar 2014
- *The Art of Endodontics: A system-based approach*, Dr L Stephen Buchanan
Santa Barbara, California, USA, 17-18 Apr 2014
- *The 11th International Symposium on Periodontics & Restorative Dentistry*
Boston, USA, 6-9 June 13
- *28th Annual Meeting of the Academy of Osseointegration: Moving forward: Evidence, Experience, Excellence*
Tampa, Florida, USA, 7-9 Mar 13
- *27th Annual Meeting of the Academy of Osseointegration: Technology to practice*
Phoenix, Arizona, USA, 1-3 Mar 12
- *IFEA – 8th World Endodontic Congress*
Athens, Greece, 6-9 Oct 10
- *Contemporary treatment of the atrophic posterior maxilla (Sinus lift course)*
New York University, New York, USA, 30 Apr-1 May 10
- *114th Meeting of the American Dental Society of Europe*
Lisbon, Portugal, 19-21 June 08
- *23rd Annual Meeting of the Academy of Osseointegration*
Boston, USA, 28 Feb-1 Mar 08
- *16th Annual Meeting of the European Association of Osseointegration*
Barcelona, Spain, 25-27 Oct 07
- *6th Dental Implant Therapy Symposium*
University of North Carolina at Chapel Hill, North Carolina, USA, 5 Oct 07
- *ITI World Symposium*
New York, USA, 26-28 Apr 2007
- *The L D Pankey Lecture: The esthetic makeover – more than pretty porcelain*
University of North Carolina at Chapel Hill, North Carolina, USA, 2 Mar 07
- *Hot topics in Dentistry*
University of North Carolina at Chapel Hill, North Carolina, USA, 26 Jan 07
- *Accelerated Implant Dentistry: the team approach to dental implant therapy ensures long-term success*
University of North Carolina at Chapel Hill, North Carolina, USA, 15 Dec 06
- *5th Esthetic and Dental Implant Therapy Symposium*
University of North Carolina at Chapel Hill, North Carolina, USA, 9-11 Nov 06
- *84th General Session & Exhibition of the IADR*
Brisbane, Australia, 28 June-1 July 06
- *Comprehensive surgical and restorative implant training programme: Implant therapy in the aesthetic zone*
University of Southern California School of Dentistry, USA, 21-23 Apr 06

- *Advanced Implant Therapy: from immediate tooth replacement to controlled tissue reconstruction*, Dr Sascha Jovanovic
University of California in Los Angeles, USA, 10-14 Apr 06
- *Intra- and extra-oral events post-extraction*, Dr Jan Lindhe
University of Southern California, USA, 1 Apr 06
- *Update on Aesthetic Restorative Dentistry*, Dr Terry Donovan
University of Southern California School of Dentistry, 31 Mar 06
- *Role of the dentist in providing non-surgical soft tissue facial aesthetics*
Royal College of Surgeons of England, London, UK, 25 Nov 05
- *Direct anterior aesthetic composite restorations*, Dr L Vanini
San Fedele Intelvi, Italy, 22-23 July 05
- *The 8th International Symposium on Periodontics & Restorative Dentistry
New concepts and optimal dental practice*
Boston, USA, 10-13 June 04
- *An approach to Restorative Dentistry*, M Wise
Eastman Dental Hospital, London, UK, 28 Nov 03
- *11th biennial Congress of the European Society of Endodontology*
Athens, Greece, 2-4 Oct 03
- *Guided bone regeneration, sinus grafting and implant placement*, D Buser
London, UK, 13 Sep 03
- *EUOPERIO 4 – European Federation of Periodontology*
Berlin, Germany, 19-21 June 03
- *10th Annual Scientific Congress of the European Association of Osseointegration*
Milan, Italy, 13-17 Sep 01
- *Management of failed endodontic treatment*
Royal College of Surgeons, London, UK, 9 Mar 01
- *EUOPERIO 3 – European Federation of Periodontology*
Geneva, Switzerland, 8-11 June 00
- *7th International Symposium on Periodontics & Restorative Dentistry
Advanced Implant Reconstruction (Branemark implants)*
Boston, USA, 31 May-4 June 00
- *International Symposium on Osteology*
Giorgio Cini Foundation, Venice, Italy, 14-16 May 98
- *Basic Combined Surgical & Prosthetic Clinical Course (Branemark Implants)*
Branemark Clinic, Gothenburg, Sweden, 30 Mar-3 Apr 98
- *Surgical/ Prosthetic course on Implantology (Straumann Co.)*
London, UK, 25-26 Nov 94
- *Annual Conferences/ Scientific Meetings of the British Society of Periodontology,
British Prosthodontic Conference, British Society for the Study of Prosthetic Dentistry,
British Society of Restorative Dentistry, British Society of Dental Research*

MEMBERSHIP OF SOCIETIES

American Academy of Osseointegration (AO)

British Society of Periodontology (BSP), British Dental Association (BDA)

PERSONAL INTERESTS

Alternative medicine: Homoeopathy. Dancing, Swimming, Travelling, Cooking, Cake Decorating.