

CURRICULUM VITAE

STELLA KOURKOUTA

PERSONAL DETAILS

Name	Stella (Styliani) Kourkouta
Nationality	British/ Greek
GDC no	69255
GDC specialist lists	Periodontics, Prosthodontics, Restorative Dentistry, Endodontics

EDUCATION/ QUALIFICATIONS

2006	Specialist in Restorative Dentistry & Endodontics
2005	Fellowship in Restorative Dentistry, FDS (Rest Dent) RCS Eng
2005	Diplomate of the Faculty of Homoeopathy, <i>DFHom (Dent)</i>
2000	Specialist in Periodontics & Prosthodontics
2000	Membership in Restorative Dentistry, MRD RCS Eng
1999	Fellowship in Dental Surgery, FDS RCS Eng
1992-93	Master of Medical Science in Restorative Dentistry, MMedSci (Sheff, UK)
1985-91	DipDS , Dental School, Aristotle University of Thessaloniki, Greece

AWARDS & DISTINCTIONS

2012	Private Dentistry Awards: Highly commended in the category Best Periodontic Practice
2006	George Cross Fellowship Award , through the British Society of Periodontology, to help support my USA elective study on <i>Implant Therapy in Compromised Sites</i> (USC/ UCLA, Mar - May 2006)
1991	Graduation from University: 3rd highest result in my year
1985	Admission to University: 1st in the success scale in Greece

HONORARY APPOINTMENT

Oct 2006 - Sep 2008	Honorary Consultant Eastman Dental Hospital & Institute, London, UK
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IMPLANT FELLOWSHIP

Oct 2006 - Oct 2007	Department of Prosthodontics, School of Dentistry University of North Carolina at Chapel Hill, USA <i>One-year implant research scholarship granted through the International Team for Implantology (ITI, Basel, Switzerland)</i>
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CURRENT POSITION	
Sep 2016 - present	Specialist in Restorative Dentistry, Periodontics, Prosthodontics and Endodontics Holford Curaden Dental Clinic, London, UK
Apr 2008 - present	Specialist Periodontist Crescent Lodge Dental Practice, London, UK
June 2015 - Aug 2016	Specialist in Restorative Dentistry, Periodontics, Prosthodontics and Endodontics - Curaden Dental Clinic, London, UK
Mar 2009 - June 2014	Consultant - Swiss Smile Dental Clinic, London, UK Specialist in Restorative Dentistry, Periodontics, Prosthodontics and Endodontics
PAST EMPLOYMENT	
Oct 2000 - Sep 2006	Specialist Registrar/ Honorary Lecturer in Restorative Dentistry Eastman Dental Hospital & Institute, London, UK
Mar - Sep 2000	Specialist Registrar in Restorative Dentistry (LAT) University Dental Hospital, Newcastle upon Tyne, UK
Jan 2000	Senior House Officer in Paediatric Dentistry/ Oral & Maxillofacial Surgery (locum) Regional Cleft Lip & Palate Unit, Liverpool, UK
Sep 1997 - Sep 1999	Senior House Officer in Restorative Dentistry Liverpool University Dental Hospital, UK
Sep 1996 - Sep 1997	Senior House Officer in Oral & Maxillofacial Surgery Countess of Chester Hospital, Chester, UK
Sep 1995 - Sep 1996	Senior House Officer in Oral & Maxillofacial Surgery Withington Hospital, Manchester, UK
Feb - Aug 1995	House Officer in Oral & Maxillofacial Surgery University Hospital of Wales & Cardiff Royal Infirmary, UK
Aug 1994 - Jan 1995	House Officer in Restorative Dentistry Bristol University Dental Hospital, UK
Oct - Dec 1993	Tutor in the Diploma course in Periodontology Dental School, University of Wales College of Medicine, Cardiff, UK
Nov 1991 - May 1992	Dental Surgeon Private practice, Thessaloniki, Greece

RESEARCH ACTIVITIES

Long term **outcomes of periodontal therapy** in specialist private practice.

Interproximal tissue dimensions in relation to adjacent implants in the aesthetic zone. Clinical observations and patient aesthetic evaluation.

Prospective clinical study on the **restoration of periodontally compromised dentitions using cross-arch bridges** made of porcelain fused to a cobalt-chromium alloy.

In vitro study on **dentine sensitivity**.

Clinical research project to evaluate the **periodontal response to placement of porcelain laminate veneers on anterior teeth**.

PUBLICATIONS

In preparation: Kourkouta S. Long term periodontal outcomes in specialist practice

Kourkouta S. Peri-implantitis management in the esthetic zone in a periodontally compromised patient: Five-year results including cone beam computed tomography. *International Journal of Periodontics & Restorative Dentistry* 2018;38:e8-16.

Kourkouta S, Bailey G. Periradicular regenerative surgery in a maxillary central incisor: 7-year results including cone-beam computed tomography. *Journal of Endodontics* 2014;40(7):1013-9.

Kourkouta S. Implant therapy in the esthetic zone: Smile line assessment. *International Journal of Periodontics & Restorative Dentistry* 2011;31:195-201.

Kourkouta S, Dedi KD, Paquette DW, Mol A. Interproximal tissue dimensions in relation to adjacent implants in the anterior maxilla: clinical observations and patient aesthetic evaluation. *Clinical Oral Implants Research* 2009;20:1375-1385.

Kourkouta S, Dedi K, Reside G, Kontogeorgakos V. Heterotopic ossification as a complication of iliac crest bone harvesting in a case of implant therapy. *International Journal of Oral & Maxillofacial Implants* 2009;353-358.

Kourkouta S, Hemmings KW, Laurell L. Restoration of periodontally compromised dentitions using cross-arch bridges. Principles of perio-prosthetic patient management. *British Dental Journal* 2007;203:189-195.

Kourkouta S, Darbar UR. An audit of the quality and content of periodontal referrals and the effect of implementing referral criteria. *Primary Dental Care* 2006;13(3):99-106.

McAndrew R, Kourkouta S. Effects of toothbrushing prior and/or subsequent to dietary acid application on smear layer formation and the patency of dentinal tubules. An SEM study. *Journal of Periodontology* 1995;66:443-448.

Kourkouta S, Walsh TF, Davis LG. The effect of porcelain laminate veneers on gingival health and bacterial plaque characteristics. *Journal of Clinical Periodontology* 1994;21:638-640.

Kourkouta S, Walsh TF. From Hippocrates to hygienists: Changing views on periodontal diseases. *Dental*

Health 1993;32:4-7.

ABSTRACTS

Kourkouta S, Dedi K, Reside G. Myositis ossificans as a complication of iliac crest bone harvesting.

Clinical Oral Implants Research 2007;18(5): Abstr #186.

Kourkouta S, Hemmings K, Petrie A, Laurell L. Cross-arch bridges made of porcelain-fused-to-Wirobond C. Two-year clinical results. *Journal of Dental Research* 2006;85, Special Issue B: Abstr #601.

Kourkouta S, McAndrew R. Dentine sensitivity - Effects of toothbrushing before and/or after dietary acid application. *Journal of Dental Research* 1994;73:826 (Abstr #321).

Walsh TF, Kourkouta S, Winstanley RB. The effect of porcelain laminate veneers on bacterial plaque growth. *Journal of Dental Research* 1994;73:825 (Abstr #313).

TEACHING EXPERIENCE: Lectures/ Hands-on courses/ Seminars:

Implants: Basic science

Maintenance care and follow-up in implant therapy

Aesthetic Dentistry: Tooth whitening and porcelain laminate veneers / Periodontal plastic surgery

Fixed Prosthodontics in periodontally compromised patients

Provision of cross-arch bridges in the maxilla

Inferior alveolar nerve blocks / Alginate impressions

Occlusion

An introduction to the Conservation Clinic

Introduction to Periodontology

Homoeopathy and Dentistry

Homoeopathy: history, basic principles and applications to dentistry

Tooth whitening

Peri-implantitis

Aetiology of inflammatory periodontal diseases

Restorations and the periodontium

PRESENTATIONS

Kourkouta, S. *Regenerative periradicular surgery on a maxillary central incisor: Five-year results.*

IFEA – 8th World Endodontic Congress, Athens, Greece, 6-9 Oct 10

Kourkouta, S. *Implant therapy in periodontally compromised patients.*

ITI Study Club, London, UK, 7 Sep 10

Kourkouta, S. *Inter-implant papilla dimensions in the aesthetic zone.*

114th Meeting of the American Dental Society of Europe, Lisbon, Portugal, 19-21 June 08

Kourkouta S, Dedi K, Paquette DW, Mol A. *Clinical observations related to the dimensions of inter-implant papillae in the esthetic zone.*

23rd Annual Meeting of the Academy of Osseointegration, Boston, USA, 28 Feb-1 Mar 08

Kourkouta S, Dedi K, Reside G. *Myositis ossificans as a complication of iliac crest bone harvesting.*

European Association of Osseointegration, Barcelona, Spain, 25-27 Oct 07

Kourkouta S, Hemmings K, Petrie A, Laurell L. *Cross-arch bridges made of porcelain-fused-to-Wirobond C. Two-year clinical results.*

IADR, Brisbane, Australia, 28 June-1 July 06

Kourkouta S. *A prospective clinical study on the restoration of the periodontally compromised dentition using cross-arch bridges made of porcelain fused to a non-precious alloy. One year results.*

British Society of Periodontology, The Royal Society, London, UK, 22 Sep 05

Kourkouta S. *Implications of menopause on periodontal/ oral health and aesthetics.*

3rd Panhellenic Congress on the Climacteric & the Menopause, Athens, Greece, 4-6 Mar 05

Kourkouta S, Hemmings K, Laurell L. *Cross-arch bridges in periodontally compromised dentitions using Wirobond C metal frameworks.*

Periodontology Department Research Forum, Eastman Dental Institute, London, 30 Apr 04

Kourkouta S, Walsh TF. *The quality of porcelain veneer margins and their influence on periodontal health: a scanning electron microscopic evaluation.*

7th International Symposium on Periodontics & Restorative Dentistry, Boston, USA, 1-4 June 00

Kourkouta S, McAndrew R. *Dentine sensitivity - Effects of toothbrushing before and/ or after dietary acid application.*

Walsh TF, Kourkouta S, Winstanley RB. *The effect of porcelain laminate veneers on bacterial plaque growth.*

British Society of Dental Research, Sheffield, UK, Apr 94

ELECTIVE STUDY (Mar - May 06)

Centres: University of Southern California School of Dentistry (**USC**), and
University of California in Los Angeles (**UCLA**), Los Angeles, USA

Purpose of visit: Main area of interest: ***Implant placement and restoration in compromised sites***

COURSES/ MEETINGS

Artistic Facial Transformation Masterclass (9 June 19)

Lip Filler Masterclass Training Course (16 May 17)

Advanced Training for the use of Botulinum Toxin Type A & Dermal Fillers (6 Nov 16)

Botulinum Toxin Type A and Dermal Fillers Fast Track Course (21 June 15)

London, UK

30th / 29th Annual Meetings of the Academy of Osseointegration

San Francisco, USA, 12-14 Mar 2015 / Seattle, USA, 6-8 Mar 14

The Art of Endodontics: A system-based approach, Dr L Stephen Buchanan

Santa Barbara, California, USA, 17-18 Apr 14

The 11th International Symposium on Periodontics & Restorative Dentistry

Boston, USA, 6-9 June 13

28th Annual Meeting of the Academy of Osseointegration: Moving forward: Evidence, Experience, Excellence

Tampa, Florida, USA, 7-9 Mar 13

27th Annual Meeting of the Academy of Osseointegration: Technology to practice

Phoenix, Arizona, USA, 1-3 Mar 12

IFEA – 8th World Endodontic Congress

Athens, Greece, 6-9 Oct 10

Contemporary treatment of the atrophic posterior maxilla (Sinus lift course)

New York University, New York, USA, 30 Apr-1 May 10

114th Meeting of the American Dental Society of Europe

Lisbon, Portugal, 19-21 June 08

23rd Annual Meeting of the Academy of Osseointegration

Boston, USA, 28 Feb-1 Mar 08

16th Annual Meeting of the European Association of Osseointegration

Barcelona, Spain, 25-27 Oct 07

ITI World Symposium

New York, USA, 26-28 Apr 07

6th Dental Implant Therapy Symposium (5 Oct 07)

The L D Pankey Lecture: The esthetic makeover – more than pretty porcelain (2 Mar 07)

Hot topics in Dentistry (26 Jan 07)

Accelerated Implant Dentistry: the team approach to dental implant therapy ensures long-term success (15 Dec 06)

5th Esthetic and Dental Implant Therapy Symposium (9-11 Nov 06)

University of North Carolina at Chapel Hill, North Carolina, USA

84th General Session & Exhibition of the IADR

Brisbane, Australia, 28 June-1 July 06

Advanced Implant Therapy: from immediate tooth replacement to controlled tissue reconstruction, Dr Sascha Jovanovic

University of California in Los Angeles, USA, 10-14 Apr 06

Comprehensive surgical and restorative implant training programme: Implant therapy in the aesthetic zone (21-23 Apr 06)

Intra- and extra-oral events post-extraction, Dr Jan Lindhe (1 Apr 06)

Update on Aesthetic Restorative Dentistry, Dr Terry Donovan (31 Mar 06)

University of Southern California School of Dentistry, USA

Role of the dentist in providing non-surgical soft tissue facial aesthetics

Royal College of Surgeons of England, London, UK, 25 Nov 05

Direct anterior aesthetic composite restorations, Dr L Vanini

San Fedele Intelvi, Italy, 22-23 July 05

The 8th International Symposium on Periodontics & Restorative Dentistry

New concepts and optimal dental practice

Boston, USA, 10-13 June 04

An approach to Restorative Dentistry, M Wise

Eastman Dental Hospital, London, UK, 28 Nov 03

11th biennial Congress of the European Society of Endodontology

Athens, Greece, 2-4 Oct 03

Guided bone regeneration, sinus grafting and implant placement, D Buser

London, UK, 13 Sep 03

EUROPERIO 4 – European Federation of Periodontology

Berlin, Germany, 19-21 June 03

10th Annual Scientific Congress of the European Association of Osseointegration

Milan, Italy, 13-17 Sep 01

Management of failed endodontic treatment

Royal College of Surgeons, London, UK, 9 Mar 01

EUROPERIO 3 – European Federation of Periodontology

Geneva, Switzerland, 8-11 June 00

7th International Symposium on Periodontics & Restorative Dentistry

Advanced Implant Reconstruction (Branemark implants)

Boston, USA, 31 May-4 June 00

International Symposium on Osteology

Giorgio Cini Foundation, Venice, Italy, 14-16 May 98

Basic Combined Surgical & Prosthetic Clinical Course (Branemark Implants)

Branemark Clinic, Gothenburg, Sweden, 30 Mar-3 Apr 98

Surgical/ Prosthetic course on Implantology (Straumann Co.)

London, UK, 25-26 Nov 94

Annual Conferences/ Scientific Meetings of the British Society of Periodontology,

British Prosthodontic Conference, British Society for the Study of Prosthetic Dentistry, British Society of Restorative Dentistry, British Society of Dental Research

MEMBERSHIP OF SOCIETIES

American Academy of Osseointegration (AO)

British Society of Periodontology (BSP), British Dental Association (BDA)

PERSONAL INTERESTS

Alternative medicine: Homoeopathy. Dancing, Swimming, Travelling, Cooking, Cake Decorating.